

women\*scircus

# Summer Roving Workshops

## Introducing our fun and unique summer roving workshop series!

Ever admired roving performers at festivals and events? Now's your chance to give it a try yourself with this extra special roving workshop series at Women's Circus! You can choose from either manipulation or stilt walking and undertake skill development with our resident trainers Sal and Franca. But that's not all! After two workshop sessions you'll get to throw on costumes and glitter and head to Midsumma Carnival to try out the roving skills in the real world!

### Let's break it down.

#### Manipulation workshops.

Focusing on various circus manipulation apparatus including Hula Hoop, Juggling, and Devil Sticks to suit all levels, you'll learn a range of circus skills and sequences suitable for roving, along with the performance tips and tricks preparing you to entertain! No experience necessary.

#### Session #1 Wednesday 8th January: 18:30 – 20:30

Intro to Roving  
Intro to our roving event at Midsumma  
Manipulation Skills

#### Session #2 Wednesday 15th January: 18:30 – 20:30

Manipulation Skills (stationary and moving, putting skill sequences together)  
Costume Selection & Planning  
Briefing for Midsumma Carnival Day

#### Stilt Walking workshops

Focusing on stilt walking, you'll learn about managing difficult terrain, crowds, and audience engagement, as well as touching on character and ensemble stilt work. You must have done stilts before, and be confident to walk unassisted.

#### Session #1 Sunday 12th January: 09:30 – 11:30

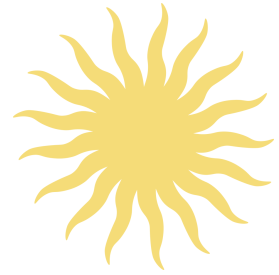
Intro to Roving  
Intro to our roving event at Midsumma  
Stilts Practice (Inside and Outside)

#### Session #2 Saturday 18th January: 09:30 – 12:00

Costume Selection & Planning  
Stilt Practice Outside  
Briefing for Midsumma Carnival Day



## Midsumma Carnival Day Sunday 19th of January



**It's the big day! You'll get to put into practice everything you've learned in the workshops as a Women's Circus roving troupe at Midsumma Carnival!**

Women's Circus staff will be with you every step of the way so you feel safe and supported to live out your roving dreams. Each group will also be assisting the other while they are roving.

Here's a draft rundown of what the day may look like. Details will be confirmed closer to the date and communicated in advance to all participants.

09:00 – 10:00 Prep at Drill Hall – costumes, simple face paint stencil, glitter.  
10:00 – 11:00 Travel to Alexandra Gardens, beside the Yarra River in Melbourne's CBD.  
11:00 – 11:20 Roving Set #1 Manipulation (Stilts Crew to hand out flyers and assist)  
11:20 – 11:40 Break / Stilt Walkers to prepare  
11:40 – 12:00 Roving Set #2 Stilts (Manipulation Crew to flyer and assist)  
12:00 – 12:30 Break  
12:30 – 12:50 Roving Set #1 Manipulation (Stilts Crew to flyer and assist)  
12:50 – 13:10 Break / Stilt Walkers to prepare  
13:10 – 13:30 Roving Set #2 Stilts (Manipulation Crew to flyer and to assist)  
13:30 Pack Up and Make own way home – or stay to hang out at carnival (WC to collect costumes and equipment at site and return them to Drill Hall).

**Commitment:** You need to be able to attend both workshops (of either manipulation or stilt walking) and the Midsumma Carnival Day.

**Cost:** \$40 for both sessions (of either manipulation or stilt walking)

**We hope you love this series and join us!**

